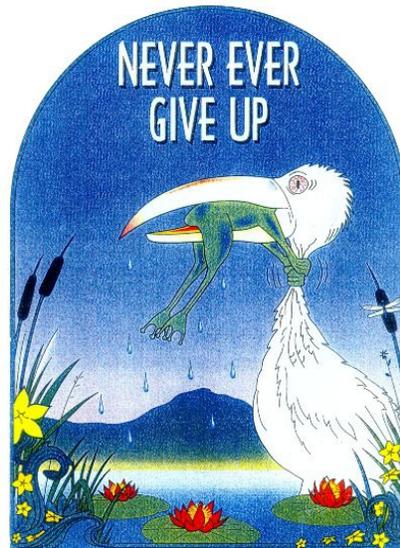


Never Ever Give Up

By Saleem Rana

How To Never Ever Give Up On Your Dreams



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Introduction:

There is nothing more dear to the human soul than to follow a dream and nothing more tragic than giving up on your dream. I wrote this book to inspire you to never give up on your dreams. **Never give in.** If you do this simple thing, follow this easy-to-understand principle, one day, despite all the obstacles the world throws at you, your dream will come home to you. It will overflow your world with promise. All your pain will instantly disappear.

I got my Master's degree in psychotherapy more than a decade ago. Since then I've studied the human condition with fascination. Over the years, I've learned a singular lesson: your life does not work when you oppose your soul nature. If you want a magical life, you have to drop your inauthentic transactions with the world. You discover your own power when you spend time alone to figure out what you really love to do. Life is nothing but a hollow sham without passion. The world needs you to be an enlightened giver of your dream.

I hope you enjoy this book. Please pass it on to others. Let's fill the world with dreamers who never give in, dreamers who have the courage to change sorrow into joy, poverty into wealth, and insignificance to a life of massive contribution. There is no charge to this book, and I ask that you also give it to others without charge. Together, you and I, we can make a difference. We can fill this world

with hope. It is my sincerest wish that all beings everywhere be happy. I invite you to share that ideal with me and with others you know. This is a short book because I want you to print it out and read it when you lose heart--for the world does that to people. It makes them forget their greatness. I want this for you: that you never give up and that you follow your dream and fulfill it. This is why I offer you a few ideas...to carry you to happiness.

I welcome you to come visit my website and be part of a campaign to really lift the quality of life on this planet, one person at a time. I offer many free products. In addition, you will be able to converse with like-minded people on the forum. And, I have written numerous books on success and offer special courses on how to improve every aspect of your life. Everything I have created for my readers comes from my experience of what works. Come join us. I promise you, it is something you'll truly enjoy.

~Saleem Rana,

Denver, Colorado

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P.S. If you also want to make a quantum leap in your evolution, please check out my novel that fully educates you on the art of following the divine matrix of abundance. In the novel, [7 Days In The Magical World Of The Goddess Of Wealth](#) you will find the secrets of the ages that have been hidden in the sacred books of the world. Using a mythological story, I bring out principles of profound value that will attract success, prosperity, and abundance to you in magical ways.

You will find it here: <http://theempoweredsoul.com/7disciplines.html>

Chapter One

How My Dream Began

My mother taught me how to teach others about the power of the mind. By learning how to teach her, I learned how to communicate essential wealth-building ideas to others.

Many years ago, she worked as an employee in an insurance company. Her low salary pinned her to a fixed income. Trapped in her cubicle, she held little hope for change.

With Christmas only a month away, she was upset. Normally, a generous soul, she did not know how to face the season of giving. She could barely pay her many bills, let alone buy everyone in our family presents.

I asked her what she would do if she could attract \$25,000 for Christmas. I told her that it is possible to create anything with the mind. I told her that she could create wealth. I told her that she had the power to create miracles if her faith was strong enough.

After much skepticism, she humored me by telling me all the things she would buy.

I then talked to her about how the great religious teachers of the past taught the principles of manifestation.

Jesus Christ spoke about it in the Sermon on the Mount.

The Buddha spoke about it in the Dhammapada.

Krishna spoke about it in the Bhagavad-Gita.

I pointed out how many of the esoteric traditions also mentioned it. In the Kabbalah teachings, in Sufism, and in Shamanism many rich illustrations hinted at the power of mind over matter.

Today, the science of quantum mechanics mathematically and experimentally demonstrates how thoughts influence matter.

During my enthusiastic exposition, her eyes glazed over as I spoke.

Finally, out of desperation, I focused on keeping things very simple, and very

practical.

Since she is a great cook, I gave her specific, doable instructions in a recipe book format.

At Christmas time, when I showed up at the house, everything looked different. Signs of affluence colored the room like a rainbow. I saw a brand new Persian carpet, a big fish tank, and a whole assortment of kitchen gadgets. Everything on her list was now in the house! And, yes, she had plenty of presents for everyone.

This was her remarkable story:

She practiced the ideas I taught her. After a time, they made her feel better. She did them because it gave her hope. As she did them, she noticed no change in her mind or her life. Still, she persisted (if only to prove her pedantic son wrong!)

One day, she felt an urge to invest in her company's stock options. Suddenly, the market went bearish for a few weeks and she made a modest fortune.

She sold her stocks for exactly \$25,000!

This weird story changed both our lives. She practiced the principles of manifestation from then on, and I worked on refining them and teaching them. To this day, I still don't understand the stock market. My mother didn't fully understand it, either. She was just happy to follow her intuition.

Incidentally, today, my mother runs her own insurance company. (And, yes, she is an even better cook now that she has an army of culinary robots working for her.)

This was the beginning of my teaching others to make money simply by thinking about wealth in a specific way. Through this incident, I accidentally stumbled upon a method to teach anyone how to manifest what they needed.

Later on, I manifested a scholarship that enabled me to follow my dream of going to graduate school for psychology.

And today I have enjoyed the materialization of a website to share my knowledge with others; although when I first started I didn't have a clue about web design or marketing. I just manifested the right people and technical education and software tools to make it happen.

Chapter Two

It All Starts With A Simple Idea

Ideas happen all the time. And when I say an idea, I don't just mean a mere thought. An idea is more than a mental opinion and it is loftier than a sentiment. An idea is a special thought. It is a thought that gives you a rush, a sparkle, a feeling of exhilaration.

We all have ideas, but usually we brush them off, rushing to do other more pressing or more entertaining things. We treat ideas like beggars who try to steal our attention. We hurry past them with our eyes averted.

Then, of course, there are those times, when we need to resolve a situation as quickly as possible—but our minds remain blank! Our feeble brainstorming sessions result in fatigue and frustration. “Never mind!” says the idea-generating Genie within.

Unless we cultivate a habit of writing down our ideas when they occur, we will not find them when we really need them. We cultivate ideas by learning more and by teaching what we know. And we cultivate ideas by capturing them on paper whenever they show up.

Ideas come loaded with inspirational zest. They call for attention, welling up from the depths of consciousness at the oddest times...when we're falling asleep or waking up, when we're in the shower, or when we're climbing aboard a crowded shuttle.

Right now, I'm giving you an idea. I'm telling you that ideas can be your best friend and that you should treat them with respect, even reverence. When you fixate on a mental object, your brain automatically starts to elaborate on a theme, and before long, you start to get fresh new ideas.

Perhaps an idea can make you a fortune. Consider the idea of mixing two different types of favorite foods to create a unique combination. The foods are chocolate and peanut butter. It's a simple enough idea, but by acting on it, Hershey Foods has made \$4.43 billion in sales. Yes, BILLIONS.

The other day, I had a simple idea that is making my life work better.

I noticed that when I dwelt on my problems, I became overwhelmed by them. This resulted in my not taking any action. And, generally speaking, they often got

worse.

I noticed that making grocery lists forced me to notice what I needed and forced me to focus on picking up everything that I needed when I go shopping. Similarly, by making lists of my problems, I was able to sort through them and develop simple actions to resolve them.

When I decided to make a list of all my problems based on my positive experience with grocery lists, I combined two experiences which had nothing to do with each other to create an elegant strategy.

Now I get great satisfaction when I scratch off an item on my list. Problem after problem, task after task, I am moving forward in my life, adding more quality and eliminating more pain.

As my problems diminish my life is getting easier. Now I'm beginning to see them as challenges rather than problems. And by noticing my own self-improvement, I'm able to get more enthused about resolving difficulties by generating even more ideas.

A simple idea has changed my life.

A simple way to generate ideas is to ask questions like, "If I were (state the problem) what would I like to happen right now?" For example, "If I were (a car that needed repair work) what would I like to happen right now?" Then your mind would come up with an answer and an objection. "I'd get repaired (answer) but there isn't enough money (objection)." You'd then continue dialoging with yourself in this vein until you could find an idea on how to generate more money, or find someone to fix it for free, or find a substitute repair work that would be cheaper until you did find the money. Do you see how it works?

Gathering ideas can be fun and they can change your life, too. All it takes is paying attention to all the ideas that are showing up for you every day.

Now that you understand the value of a simple idea, I invite you to answer this question: What do you need to be, do and have to feel happy? I am not talking about a mere fleeting pleasure. I am talking about pervasive happiness...the kind of happiness that you carry to your last day on this planet. Perhaps, happiness is too mild a word. What is your bliss, my friend?

Write a long essay to yourself recalling all the things that you enjoy doing. Pick one that makes you special. Perhaps it is a gift, a talent, a power that you have left buried beneath layers of pain. Find it. This simple idea is your ticket to a life of purpose. Find this idea. Make it your burning passion. Change your life forever.

Chapter Three

Expand Your Vision

I'd like you to do an exercise with me.

I want you to use your imagination to construct a dream theater.

Begin by visiting your living room in your mind's eye.

Now this is not the living room you now believe in and have created in actuality, but this is your living room in the future.

Notice how everything is different. Make it bigger, brighter, and closer. Feel the vivid emotions of this dream living room.

Expand this vision a little more. Deepen this vision quest.

See the other rooms. See the house. See the neighborhood. Fly higher on the wings of desire and see a marvelous new world.

Now populate your house with the people you would like to share your time and space.

What kind of work are you doing? What kind of impact on the world are you now having? In what ways is your life deeper, richer, and more fulfilling?

Do this exercise right now and then come back to this article.

Do you find yourself believing the story you just told yourself?

Was your dream real for a moment? Or did it seem more like just another pipe dream? If your desire was intense enough, it will have aroused within you a sense of certainty, a taste of possibility.

Once upon a time, Benjamin Franklin flew a kite and discovered electricity. Today every home in the developed world is lit by electric light. In fact, we take electricity for granted.

Once upon a time, the Wright brothers flew the first airplane and discovered aerial transportation. Today every major city in the world is connected by airports. In fact, we take travel by air for granted.

Similarly your dream is calling to you to awaken it and to bring it forth into form and function. Your ambition is trying to arouse you from your conditioned slumbers.

Your dream exists because it is your way to be uniquely yourself. It also exists because it wants to change the world for the better.

What has to happen before you will act on your dream and learn all you need and do all that is necessary to bring it into reality? Dare you allow yourself to unleash your aspiration?

Chapter Four

Understanding The Journey Ahead

Success is creating what you want the way you want it to be.

It is, in fact, a journey. And, like all journeys, your ship will sail through calm waters and buck in storms. If you stay on course, continually upgrading your navigational instruments and adjusting to feedback, you will reach your port of dreams.

Everyone has had the experience of shipwreck. Their most cherished dreams collapsed despite their best efforts.

The difference between those who succeed in life and those who fail are neither the number of shipwrecks nor the severity of the storms. The difference is in their persistence. It takes persistence to complete the journey. Some people choose to build one ship after another until they reach their port of call. Others abandon the journey as soon as they run into a reef.

Success, then, is a process. It is an incessant refinement of strategy until something finally works.

Success starts with goal setting, and then goal setting is followed by action. Neither your goal setting theory nor your actions have to be perfect. A key to success is to start anywhere; over time, your vision will clear and your actions improve.

Here is a simple but effective strategy. 1. Begin where you are with what you have right now. 2. Notice what is working and what is not working. 3. Keep trying out new things until you have better results. 4. Keep on adding what works and discarding what does not work. 5. Arrive at your goal.

Another name for success is mastery. When you attain mastery over something you know what to do to get the results that you want. And you can repeat this method over and over again to ensure a stream of rewards.

Mastery is persistence over time. Those who profit from persistence appreciate ongoing self improvement and motivation. In fact, intrinsic motivation will allow you to do anything, overcome any obstacle, and surmount any hesitation. Furthermore, the more intense your motivation, the better your chances of success when you embark on any new enterprise.

In the Middle Ages, mastery of a profession was done through a guild. A person

learned directly under a master. At first, he was an apprentice. Then, he became a journeyman. At last, he became a master in his own right.

Success is a continuous learning of strategy. This learning is both theoretical and practical. Eventually, when you do something long enough, you become very good at it. This process is accelerated when you follow someone who can guide you past common mistakes.

After you find a mentor, you have to stay consistent, refusing to get discouraged by challenges that will arise because of your lack of knowledge or resources.

Ideally, a mentor can be a person who is an expert. However, you can also attain mentorship through multimedia materials and educational associations. Every business success story is due to the presence of a mentor. And every other type of success can benefit from one too.

Wherever you are, begin the journey. We human beings are teleological. We need goals, a lofty ideal, and a compelling raison d'être. Deny us meaning and we vegetate, feel empty, and even become self-destructive.

Success, ultimately, is about being fully YOU!

You are here on this planet to express your potential.

You are here to discover a life worth living and a purpose worth fulfilling. The entire universe will benefit from your success—because everything is interlinked. A goal oriented person is an evolutionary force in motion.

Chapter Five

Getting Emotionally Clear To Make The Leap

If you've been following me so far, you have your dream ready to be born.

However, unless you clear the emotions of all subconscious programs, you will feel inspired for a short while and then your old desire to stay small and limited will be reinforced by the old reality you are still living in.

Let me tell you a little story about how I understood the power of emotions to create destiny.

When I was in graduate school for psychology, we had a fellow student by the name of Allan who was running a successful clinical practice and had joined our program to improve his credentials. He had a remarkable track record of successful case histories.

One day, in a casual conversation during a classroom break, Cindy, a student, asked him what the single biggest reason people did not improve after counseling.

What he said made the three of us in this little huddle near the coffee machine pay attention.

"The single reason people do not change their lives for the better is not because they don't know what to do or how to do it to change," said Allan, speaking slowly, thoughtfully. "Clients reach a point when they have all the information that they need to change in an instant. However, they don't change because they think they're feelings about the situation their dealing with is true."

"What do you mean?" asked Richard, who was listening in. "Aren't we in the business of teaching people how to express feelings? When you face your feelings, you begin the process of healing states of low self-esteem."

"Real life is more complex than what we learn here in school," said Allan. "Yes, repressing feelings and articulating them and raising self-esteem do effect positive change, but sometimes the feelings themselves are the problem."

"I'm not following you," confessed Richard, frowning.

"People often respond to their feelings, not their thoughts about the situation that is upsetting them. They never question these feelings. They assume their feelings are making an accurate statement about reality."

“You mean they mis-feel,” I interjected, suddenly grasping his subtle point.

Allan smiled. “Yes, exactly. Just as you can mis-think something, or mis-perceive something, and later on, given more information, realize that you had jumped to the wrong conclusion or had fallen under some kind of optical illusion, like a mirage, for example, you can similarly mis-feel.”

“So,” said Cindy, “while people are open to correct their cognition about something, they don’t even think to question their feelings about something.”

“And,” reflected Richard, “They are so completely locked into a huge internal struggle that goes on day after day, year after year, that they never doubt that what they feel is how things really are. Thus, their problem, whatever it is, becomes chronic.”

Allan nodded. “Feelings are reactions to events. They are not necessarily true statements about events. They are interpretations. These feelings, over time, become hard-wired chemically into the nervous system so that a person can’t look beyond them. It doesn’t matter what you say to them, they are only listening to their feelings.”

“How do they make the shift, then, to a more adaptable way of coping with their problems?” I asked.

“First,” said Allan, “they have to become aware of what their feeling. The feelings are so quick and so spontaneous that they are taken for granted and not even noticed. Someone in anger, for example, is fully aware of what irritates him, but may not even be aware that his feelings of anger are causing him to see something as irritating. He does not notice his anger—although, of course, it is obvious to everyone else. He is focused on the problem and not the sensations that arise within him to make him believe that he is confronting a problem.”

“When you are able to watch your feelings, you begin to let go of your huge internal struggle,” said Richard, fully in tune with Allan by this time. “You are able to transcend the emotion and see it for what it is—feelings that are controlling how you think.”

“And when you grasp how your feelings are selecting your thoughts, you are able to choose new ways of interpreting your troubling experience,” concluded Allan.

“I see,” said Cindy, “it’s hard to achieve anything when you’re preoccupied with feeling bad. You see everything through the distorted lens of your feelings.”

Your life is the way it is right now, dear reader, because of the way you feel about the things in your life. If you want things to be better, bigger, and more plentiful, you have to consciously focus on the feelings that you want to have until they become predominant in your consciousness.

Thus, if for example, you have a situation of low finances, you feel poor. Your feelings regarding money perpetuate your poverty. You have to consciously and deliberately imagine what it is like to feel wealthy. If you were Bill Gates or Warren Buffett or Donald Trump, how would you feel about things? Can you imagine how expansive their feelings are about money?

Similarly, you have to deliberately create fantasies about every other aspect of your life—from your self-esteem to your relationships. Get into the feeling of what it is like to feel good about yourself all the time. Get into the feeling of what it is like to be loving all the time.

Feelings are the underlying current that determine your destiny.

Work on your feelings until your dream becomes more real than your actual circumstances. Do this one thing and I promise you that you will invite miracles into your life faster than any self-help book, course, or seminar can ever provide.

The way you feel about everything will shape your world.

Continue to feel bitter about the tragic events in your past and you will continue to recreate them.

Continue to feel frustrated over your current limitations and you will continue to recreate them.

But if you really follow what I am saying, you will see that you can only make a leap into a bold and bright new reality by arriving there first with your feelings.

It is not because a man or woman has conquered their personal reality that they feel triumphant. It is because they felt triumphant that they conquered their personal reality and shaped a world of rich experiences.

We all set up our own reality. We are the final authority on what things mean and how we feel about them.

Chapter Six

Take Some Form Of Action Today

If you work toward what you dream, the dream can come true. You can achieve success. You can tell others one day about your success story.

It's a better place to live than in the isolated place where you feel the pain of depression and the frustration of not getting what you want and need.

If you really want something, you have to take some form of action, even if it is only to write down what you desire or hold an earnest conversation with yourself about what you want in your life.

Any plan is better than no plan. Inaccurate plans will later lead to more accurate plans.

Any action is better than no action. Hesitant action will later lead to bold, decisive, effective action.

Nothing happens until something moves. And you have to be the one who makes it move. As you move forward, you can refine your attempts.

Yes, you will make mistakes. It's inevitable. True greatness can only come from failing your way to success.

Begin with where you are now. Then you will see the next step. And after you have taken that one, the next step will appear.

No one can see the whole picture beforehand. As you mature, as you learn from your failures, as your skills get refined, as you broaden your contacts, as you meet more examples of the success that you are seeking, as you move ahead, many remarkable things will be revealed to you.

The journey to your dreams starts with your first step. No matter how small that step, no matter how silly and foolish it is, it matters.

Take it. Move ahead. Your journey awaits you.

Chapter Seven

Tell Yourself A New Story

Do you find yourself believing the story you tell yourself?

In your story, other people are to blame, and the world is uncooperative, and you are too helpless to do anything about it.

In your story, you tried and failed, or someone let you down, or something bizarre happened just before your big break.

Is your story true? Is your interpretation of the flow of events absolutely accurate? How does it make you think and feel when you tell yourself how things could have been or should have been?

How empowered do you feel when everyone involved in your drama, including yourself, must bear the blame for your current suffering?

If you believe what you think, then suffering is inevitable. Do you honestly believe that you are a miserable failure? Is your life really a tale of failure to thrive?

When we question what we believe, we can find a great freedom to experience life in a more wholesome way. Abundance in life is possible.

This day, this moment, set your story aside. It is time to create anew. Now, with conscious intent, in the laboratory of your imagination, it is time to forge an iron will. In the smithy of your soul, create a creed of valor, power, and relentless motion.

Tell yourself a new story, a story of possibility. Make it true. Take it to heart. Take action on it every single day.

It is time to set aside the tragedy of the past and the tales of what might have been if only things could have been better.

It is time to be the story-teller of a new adventure.

Ahead of you are many dragons to slay, hundred of tribulations to conquer, castles to claim, and throne to sit upon. Treasure chests await you. Lovers sigh as they wait for the sight of you. And the people wait expectantly for you to liberate them from their thralldom.

It is time for a true knight to come forward and make the world anew.

Chapter Eight

Use Your Power...The Power Of Your Mind

Your mind is so powerful that what you focus on happens. Your intent bends reality, creating vibrations in the quantum field.

Your mind has enormous creative power. You have the power to think, feel, imagine, and intuit. But, even more, you also have the power to focus and attract.

When you focus on something, you emit thought-energy. This thought-energy interacts with the energy in the quantum field and you attract things similar in pattern to your thoughts.

Most people, unfortunately, do their focusing unconsciously.

They are NOT choosing with awareness what to focus on.

They allow their minds to run them. Their minds, obsessed with a problem, focus on the circumstances that distress them.

They then attract what they DO NOT want.

Why? Because they focused on it.

They allow their brain to focus on what it has been programmed to focus on.

They get the result of that focusing, usually negative.

Reality is not partial.

Reality is the dance of atoms that interact with your thoughts.

Reality is what you draw to yourself through your attention.

If you want your life to be better, you have to be better. In particular, you have to be more aware of how you think.

What you think matters. It creates your experience.

Chapter Nine

We Are All Here For Only One Purpose: To Serve Life

When we choose to move beyond the boundaries of the ego, we choose to step into a different world. We find ourselves above the matrix of conceived causality, alive on a unique plane of experience. Here, much to our amazement, everything happens by itself. Grace, or effortless effort, now define our actions.

Our egoic self is characterized by its neediness. Need arises as an urge to survive. It is, in fact, a pro-survival urge that emanates from the ego. The ego thrives on its own insecurities, finding substance through elaborating its own shadows.

Stepping beyond the ego is an act of recognition. What we are recognizing is that we are more than a person.

What, however, can be transcendent to our personhood? After all, this part of us appears to be all of us.

Life is what is transcendent to personhood, particularity, and isolation.

When we recognize that we are life, an embodiment of the life-force, a marvelous and eloquent expression of consciousness itself, then we transcend the ego. We discover ourselves to be more than our narrow view of ourselves. We find ourselves to be a numinous consciousness that uses a mind, animates a body, and assumes a socialized identity.

When we thus change our conditioned view of ourselves, stepping beyond our identification with our own limitedness and stepping away from our plethora of difficulties, we see that we are the force of life itself seeking greater expansion through experiences.

This elusive concept, once grasped, creates a critical shift in our awareness.

When we acknowledge that we are more than a person, and that we are life in motion, we alter our goals to serve the greater life all around us. The instant becomes for us much more important than ruminating over our lived experience.

When we, as a life-force, as a unit of consciousness, seek to serve life-in-general, we need no longer concern ourselves with issues of survival or unfulfilled wants.

You see, our outflow of service toward all of life creates a reciprocal wave that

takes care of our every need.

Those who have mastered this subtle self-transcendence will find themselves living in a whole new universe while still habituating the old, familiar one. Everything will be new and different. Serendipity and synchronicity will happen all the time and quantum leaps in personal evolution will be a matter of course.

Chapter Ten

What Will It Cost You?

What will it cost you if you don't do it?

Everyone has a secret dream that they nourish in their hearts.

Yet many of these dreams never emerge beyond mere wishful thinking.

I'd like to challenge you to consider what will happen if you don't unwrap your dream and let it fly free in the world.

Perhaps you're afraid, or comfortably numb, or confused about how to make your dream come true.

So, naturally, you just keep putting it off, letting it become unreal, and letting it slip into the mists of oblivion.

But what will it cost you if you don't fulfill your dream or make an effort at it?

What will it cost you if you don't quit that job that you hate, break away from that suffocating relationship, or continue to let your waistline expand and your self-esteem to plummet? What will it cost you if you don't resolve whatever is heartbreakingly wrong with your world? What will it cost you emotionally, mentally, psychologically, and even physically?

Are you paddling your canoe toward Niagara, waiting for some passing angel to pull you over to the shore before you plunge over the edge?

Often it seems safe not to act.

Yet this is possibly the most dangerous thing that you can do.

Apathy and inertia, routine and conformity, indifference and resistance—these are the weeds slowly devouring the secret treasures buried in the garden of your heart.

How much longer will you tolerate the un-lived life, the unmanifested destiny, the discarded hope, the abandoned vision?

Time is passing; your life force is ebbing away. How many more seasons must come and go, before you realize that your life is much more than you've been daring to express?

Seize the dream, my friend, before time and tide steal away your life.

What will it cost you, if you don't decide, don't act, and don't manifest your particular vision in the world? How much more pain can you stand before you seize the day? Imagine, alternatively, what it would be like to achieve success!

This book may have been an interesting read for you. It may have entertained you. It may even have inspired you. But unless you seize the moment, envision your dream, and begin the journey, all will have been in vain. My effort in writing it will have been in vain. The effort of the universe in attracting you to read it will have been in vain. And worse still, your life, the many years ahead of you, will have been in vain.

When you begin the journey to your dream, you will embark on a journey that will culminate in a life greater than anything you could have imagined. I am sure that you have a vivid imagination, but the sweetness of the lived experience is greater than the shadowy pictures in your mind.

Seize the dream.

And never ever give up.

My dear friend...Never, never, never, never ever give up.

With all my heart, I wish you boundless joy.

Your friend, always...Saleem Rana.

Although we may never meet, we are friends in spirit, joined by a common purpose in making all beings everywhere happy. Remember, the happiness on this planet starts with you.