

# The ThoughtsAlive Thinking Guide

Dear Reader,

Welcome to the ThoughtsAlive Thinking Guide. My name is Leslie Householder, and I am excited to share with you some powerful ideas that have changed my own life for the better.

For nearly a decade, my husband and I struggled to make ends meet. (Blah, blah, blah... I won't bore you with another one of *those* stories...) Nevertheless, we had a crazy idea that we wanted to be full-time parents to what would eventually become six children. I felt that for me, it was important to stay home to be the primary caregiver and nurturer of our precious little ones. Do you have any idea how tough it is to raise a family of any size in today's economy, let alone aspire to do it with any degree of financial freedom?

Still, a crazy notion in our head told us there had to be a way. So over the next seven years we attended more than one hundred seminars which taught us everything from business practices to success psychology to people skills and sales strategies...

But nothing about *our* life really changed. Even when our *actions* changed, our results remained pretty much the same. After all those years and spending all that money on personal development, it is true that we were making more money and had a few more of life's comforts... but we were still strapped, living paycheck to paycheck and deeper in debt than ever.

Depression overtook me and I began to question (for the first time in my life) whether or not there was really a God. It broke my heart and I grieved as if I had lost a dear friend Who had many times previously helped me overcome so many things. But where was He now?

\*Sigh\*... along came another seminar. We only considered going out of habit, and because we knew that even though we were disappointed in our overall results, each seminar left us with a breath of fresh hope and fueled us on to keep trying. We learned something new each time and we knew it was good for us... but I was tired of it all. Consenting to attend this last one and no

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THE JACKRABBIT FACTOR: Why You Can (a story)

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more, we packed our bags, got a sitter, and increased our debt just a little more once again.

Miraculously, that was the one that made all the difference. I remember just looking at my husband and both of us sitting there with our mouths dropped open. “So this is how the Universe operates?” We were stunned. While each of the previous seminars had danced around the topic of positive thinking, this one explained to us why it was important and what was actually going on behind the scenes when we choose to do what we’d been told for years. It was not a Rah-Rah You Can Do It! kind of meeting, it was to the point with information that made me understand like never before why KNOWLEDGE IS POWER, and how the TRUTH CAN SET YOU FREE in more ways than one.

Within three or four months of consciously choosing our thoughts according to the “laws”, our monthly income more than tripled. It was so much easier to think right after understanding the “why” behind it all. What changed? Did we DO something different? Actually, the difference was a result of thinking differently. We learned how to set a goal properly, and how to be at peace, knowing that it was a done deal. We learned how to think when everything around us seemed to be falling apart. We learned what anxiety really is, and why we could get really excited when we felt it.

This complimentary **Thinking Guide** is meant to introduce you to some of the most important principles of right thinking. Some of it will be familiar to you; some of it may seem cliché. But for the person who internalizes the ideas, and applies them, wonderful things *will* happen, by law. If you are like me, and need to also wrap your mind around the “why’s” before these “what’s” will really be meaningful, this guide will also steer you to the right information.

Take the time to digest each of these ideas. Changing your thinking is hard work and requires a lot of energy. But it is never as much energy as would be spent living one’s entire life *reacting* to the circumstances around him/her.

You have the power to steer your life anywhere you want it to go. I challenge you to experiment with these ideas on a small scale... with something simple so you can test it within a day or two. For example, have you lost your car

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keys? Do you want to find them today? Do you have a utility bill due tomorrow and need to come up with thirty bucks? As you see these principles work in small things, you'll develop the courage to begin dreaming bigger dreams.

My first experiment came from wanting a big, chunky wooden headboard for a queen bed at my home. I didn't have the money for it, and couldn't justify the luxury. After following the related steps below (note: you don't have to live every one of these perfectly before you'll see results), I had a nearly imperceptible thought to take a different street on my way into town. As I came up over a hill, there on the side of the road was a massive wooden chunky headboard AND footboard in front of someone's home. I immediately pulled over and inquired at the door. Yes, it was set out for the trash, and the woman was concerned that the trash people might not take it. I asked if I could have it and she was so grateful. I threw my arms around her and thanked her again and again. Most of all, I was overcome with gratitude to God for showing me that the principles really work.

Since then, I've become braver and bolder in my requests, and as I keep my thinking right, God continues to bless me with all I've asked for. After all, how many times have we heard, "ask and ye shall receive"? The main problem we face, however, is not that it doesn't work, but that we are not thinking lawfully. So long as we violate the laws of thought, God cannot give us what we ask for... even though He truly desires to share with us everything He has.

The following ideas have been extracted from my #5 National Best-selling book titled, "The Jackrabbit Factor: Why You Can". It is a story which teaches the principles in a unique and creative way. The Goodman's have come to the end of their financial rope and Felicity slips up, berating Richard for his inability to provide for the family. Defeated, Richard disappears into the woods behind his home and Felicity fears he has gone to end his life. Richard has embarked on a journey where he discovers the secret behind the voice of inspiration. Where has he gone? What is required of Felicity before she is able to find him? Read the story, feel the hope.

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In the meantime, let's discuss some of the lessons Richard learns along the way. Take the time to digest each idea. Remember, right thinking is hard work... until it becomes second nature. It's worth it.

*Sincerely, Leslie Householder*

Read the following Points to Ponder and see if any of them seem new to you. If not, ask yourself whether or not you already live the principle, or whether you might need to stop and consciously choose the recommended thoughts over the more reactionary ones that fill our minds on a regular basis.

When you are done, I recommend you read the story from where these ideas came. You'll see the principles in action and you'll understand what is happening in an invisible way when you actively run these thoughts through your mind and generate the feelings they have the power to produce. You can get your PDF copy of, "The Jackrabbit Factor: Why You Can" at [ThoughtsAlive.com](http://ThoughtsAlive.com).

Now, before you get started, identify the reason you need this information.

What do you want?

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## Points to Ponder

- ***What do I want?***

*I will spend time deciding exactly what I want, and why. I will set aside all the reasons it may seem impossible, and all the reasons I think it may fail while I allow myself to imagine a wonderful new picture for my life.*

- ***The passionate thoughts will emanate from my mind like radio waves causing unseen things to happen on my behalf.***

*I will enjoy success in my mind. I will feel the victory now; and I will know that these constructive thoughts are my little soldiers sent out to fight my battles ahead of me. They are preparing the way.*

- ***There is no obstacle so great that there is not also a way prepared for me to succeed.***

*There's always a way. If I can see it in my mind, and if it does not violate anyone else's free agency, then it is possible. I will not give up until I find the way.*

- ***I have all I need to get started, and that's all that matters.***

*Like an acorn in the ground, I will act on my immediate surroundings. In time, my connections will lead me to obtain all I need to accomplish my grand design.*

- ***I will write it down. I will 'submit' my goal to the Master Chef.***

*I will expect my results to come just as I 'ordered'; therefore, I will be careful to be completely specific in my description. The more specific the desire, the more amazed I will be when it comes; and as a result I will know that its realization was no coincidence. I am continually grateful to the Master for all I receive.*

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- ***Whatever I need to accomplish my goal will be drawn to me once I have planted the seed in my mind.***

*I know that all I need is on its way...therefore, it so.*

- ***Whatever my circumstances are, I can always choose my own thoughts.***

*As I believe that there is only abundance, my eyes will be opened to see solutions and opportunities that would otherwise be hidden from my view. I expect to find that which I seek. It is my choice to maintain an expectant mind-set, which actually lights the way. Without an expectation, the way remains hidden in the darkness.*

- ***When I have a choice, I choose to believe.***

*It does me no harm to believe. If I am wrong, I will cross that bridge when I come to it. In the meantime, I have nothing to lose by believing. I choose to believe. It is a choice.*

- ***Doubt not, fear not! It just simply isn't good for me.***

*Doubt and fear are emotions that can put me in harmony with the very thing I fear. I will choose to dismiss fearful and doubtful thoughts because they are mental images of circumstances that may never happen. Why would I ever want to waste mental energy attracting something I **don't** want?*

- ***How badly do I want wisdom?***

*I expect to make sacrifices for wisdom. I eagerly make the necessary sacrifice because I know it will be worth the price. Wisdom may be one of the only things I will take with me when I pass on. An investment in my knowledge will pay great dividends.*

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- ***I'll get what I ask for out of life...I'll have the courage to ask.***

*I have nothing to lose by asking. If I hear "no," then I am no worse off than before. If I hear "yes," then I'll celebrate, and learn to expect "yes" more frequently.*

- ***I'll visualize the outcome, and the right people will do the right things to help it happen.***

*It is not for me to know who the right people are. I do not manipulate people with my thoughts; I simply emanate the desires of my heart and move my feet. Others who can help me along the way are also helped **by** me to accomplish their goals as well.*

- ***There is more than enough for everybody.***

*If the supply ever ran dry, more would be created out of the formless substance in the same way it was created in the beginning. There is no need for competition. By operating on a creative plane rather than a competitive plane, my eyes will continue to see opportunities and abundance. Only by my doubt and fear will I ever live in scarcity.*

- ***I'm expecting! I want my objective to happen at the right time.***

*Just as a baby in the womb needs time to develop, so does my new idea. I will be patient and allow it to grow at nature's pace. I want it to arrive fully formed, healthily and strong. If I must wait longer than expected, my anticipation will only increase and I will continue to prepare for its arrival.*

- ***I will write a detailed description of my life.***

*I will describe it just as I want it, as though it has already happened, with a future date at the top like a journal entry. I will allow myself to feel gratitude as though it is already mine. I will experience it now.*

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- ***That which I desire is looking for me!***

*Nature is friendly to my plans. I only have to go halfway, because that which I desire meets me in the middle. I know that as I continue to move toward the accomplishment of my goal, the outcome is approaching me just as rapidly.*

- ***I will scrutinize each word in my goal, or gratitude statement.***

*I will write a future date at the top: a date I hope to see the dream come true. The date is far enough away to be believable, but close enough to keep me awake at night. I will only choose words for my gratitude statement which make me think of the positive aspects of the dream. I will write in present tense, and describe how it feels “now that I enjoy” the success. I will follow the format: “(Date): I am so happy and grateful now that I enjoy...Because...”*

- ***Goal first, way second.***

*I will not select the goal based on a way I already have in mind. If I do, then I am not dreaming big enough. I will select the goal based on the desires of my heart. The way will come **after** the goal is properly set; after I have composed and internalized my gratitude statement.*

- ***I know exactly what fear is, and it doesn't stop me.***

*If I feel fear or anxiety related to achieving my goal, I know it's simply my subconscious mind wrestling with two contradictory truths such as “I am broke” and “I am wealthy.” Fear is evidence that I have successfully turned over the new idea to my subconscious mind through emotion; and if I persist in spite of the fear, I will overcome old programming. In the face of anxiety, I will proceed anyway.*

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## ***SPECIAL BONUS SECTION***

*Based on the principles taught in “Hidden Treasures:  
Heaven’s Astonishing Help with Your Money Matters”*

(Get your complete copy at ThoughtsAlive.com)

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***You cannot break a law;  
You can only break yourself against it.***

**Law of Perpetual Transmutation**—*Circumstances and things are perpetually coming or going according to your thoughts.*

**Law of Relativity**—*Your situation is not fundamentally good or bad until you compare it to something else.*

**Law of Vibration**—*Your thoughts control your personal vibration. Change your thoughts, get emotional about them, and you’ll change what is attracted to you.*

**Law of Polarity**—*Everything has an opposite. A bad situation is equally good. Look for the good, and more good will be on its way.*

**Law of Rhythm**—*When you feel down be assured that an upswing is coming. Plan on endless progression upward.*

**Law of Cause and Effect**—*Action and reaction are equal, in opposite directions. Focus on what you can give, not what you will get.*

**Law of Gender**—*Plant your own idea seeds, and then be patient. Don’t uproot your idea seed with doubt.*

**Vacuum Law of Prosperity**—*Nature abhors a vacuum. Make room for the thing you desire by giving away that which you do not like or use. Give it away, and let the Universe compensate you. God pays better than yard sale shoppers.*

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